



# Catholic Parish of Wellington South

In the spirit of Suzanne Aubert

*We are a community of joyful disciples growing together and sharing Christ's message*

*Ko tātou tetahi hāpori o ngā ākonga harikoa, e whakatupu ngātahi ana, e ruia ana te karere o Hēhu Karaiti*



**Sunday July 9**

**14th Sunday Ordinary Time**

"Look at Jesus. His deep compassion reached out to others. It did not make him hesitant, timid or self-conscious, as often happens with us. Quite the opposite. His compassion made him go out actively to preach and to send others on a mission of healing and liberation. Let us acknowledge our weakness, but allow Jesus to lay hold of it and send us too on mission."

*Pope Francis, 'Rejoice and be glad', 131.*

**Now**

**Day of Prayer for Seafarers**

Sunday 9 July

**Matariki at St Annes**

Friday 14 July

**Coming up**

**Parish AGM**

Saturday 22 July

**Climate change workshop**

Sunday 23 July St Annes

**World Day for Grandparents**

Sunday 23 July

## From Fr Doug

Dear Parishioners

Regarding His own burden Jesus said, 'My yoke is easy and my burden is light.' How could He, who took on the burdens of so many, say that? Because He carried His burden with love.

Only love can make a heavy burden seem light. Some of our burdens may be baggage which we could and should let go of. There is a story of a wise monk going on a spiritual journey with a heavy bag on his back. On his deathbed he passes on the bag to one of his disciples. When the disciple opens the bag, he finds that it is empty. Yet he wonders to himself why it seemed to weigh so much. The old monk quietly says, 'It is the weight of everything in my life that I did not need to carry.'

Religion should not make life more burdensome, far from it. If Jesus placed any burden on us at all, it was to love one another. Jesus does not take our burdens from us but gives us the strength to carry them. What faith makes possible it is love that makes it easy. It is especially at those times in our lives when it seems burdensome that Jesus invites us to bring our burdens to Him and He will give us rest. Let us come to Him, humbly, in a spirit of love and of trust.

*With every  
blessing  
Fr Doug*

FOR MY YOKE IS  
EASY AND MY BURDEN  
IS LIGHT

MATTHEW 11:30

### Weekend Mass

#### Vigil Mass

6pm St Francis de Sales

#### Sunday Mass:

9am St Anne's

10.30am St Francis de Sales

5pm St Anne's

**Samoan Mass** 11am every 3rd Sunday

**St Bernard's Mass** 10.30am every 1st Sunday at the school Hall

### Weekday Mass

Mon: 9am Mass St Francis de Sales.

Tues: 10am Liturgy at St Anne's

Thurs: 10am St Anne's Mass

Fri: 9.15am St Francis De Sales Mass

Sat: 10am St Anne's Mass

### A Prayer for Seafarers Sunday:

Heavenly Father, we give thanks to you for your creation and all the beauty in this world. We thank you for the ocean, in its abundance, and for the people who toil on its surface. Without our brothers and sisters who are seafarers, we would not be able to enjoy all the blessings of this world. Enfold them in your fatherly love, guide their passage through storm, swell and darkness. May we always be mindful of our Global Family and be truly grateful for the sacrifices seafarers make each day. Amen

**Responsorial Psalm:** O Lord, your mercy is before my eyes.

**Gospel acclamation:** I trust in the LORD; my soul trusts in his word.

### Remembering the Holy Souls

**RIP:** Leo Ricardo, Fr Mervyn Hanifin (Dunedin)

Mattia Iovine (Funeral Friday 7 July 11am at St Francis de Sales)

**Anniversary:** Toniga Mose, Julieta Brunidor and Rosalinda Solis, Camillo Amitrano, Palma & Cataldo Aprea



**For the latest information visit the Parish Website - [wellington.southcatholic.org](http://wellington.southcatholic.org)**



### Celebrating Matariki at St Anne's

The Māori New Year, Matariki, is marked by the rise of the Pleiades star cluster Matariki, and the sighting of the next new moon.

Come and join us for a special prayer service at 10am **Friday 14 July** to celebrate Matariki. Please bring finger food to share for a cuppa afterwards.

### Parish AGM

There will be a Parish AGM on **Saturday 22 July** after the 10am Mass at St Anne's. There will be brief reports from the various ministries in our Parish.

### Finance Report

The Parish Finance committee are pleased to present the Finance report for 2022/3  
Copies are available in the foyer



**Climate Change Workshop**- the Social Justice Group is organising a workshop on climate change in the Pacific to be held at St Anne's Church Hall Newtown **Sunday 23rd July 1.30pm - 4pm**. This will be a chance to listen, and discuss actions we can take. Peter Lang from Caritas NZ will give a short talk about climate change in the Pacific. We will have a reflection on the spirituality of climate change with references to Pope Francis Laudatory si and the Synods call for us to act as stewards of creation, as Kaitiaki.  
Ph John Feeney 043864956 for more details .



**Joshua Wellington** invites men to join us on Thursday 20th July at 7:30pm at the 'Loaves and Fishes' next to Anglican Cathedral of St Paul, corner Hill and Molesworth Streets followed by supper. Small group activity based on theme: "Come to me – learn from me"

Want to know more? Ring David Monastra 027-447-7280 or email: joshua.wgtn@gmail.com

### Readings for this week

**Sun 9 July:** Zec 9:89-10; Rom 8:9,11-13; Mt 11:25-30

**Mon 10 July:** Gen 28:10-22; Mt 9:18-26

**Tues 11 July:** Gen 32:23-33; Mt 9:32-38

**Wed 12 July:** Gen 41:55-57,42:5-7,17-24; Mt 10:1-7

**Thurs 13 July:** Gen 44:18-21,23-29;45:1-5; Mt 10:7-15

**Fri 14 July:** Gen 46:1-7,28-30; Mt 10:16-23

**Sat 15 July:** Gen 49:29-33;50:15-25; Mt 10:24-33



### World Day for Grandparents Sunday 23 July

Wednesday 26 July is the feast day of St Joachim and St Anne, the Parents of Mary III World Day for Grandparents and the Elderly «His mercy is from age to age» (Lk. 1:50) is the theme chosen by the Holy Father for the III World Day for Grandparents and the Elderly and for the Message, that bears the date of the Feast of the Visitation.

This year's celebration dedicated to grandparents and the elderly will take place on Sunday, July 23, just days before the start of World Youth Day in Lisbon.



**WORLD YOUTH DAY:** Sunday, 6th August 2023. Wellington Celebration for World Youth Day. 1pm – 8pm, in Bishop Viard College, Porirua. Join us for Worship from 1pm, Mass from 1.45pm celebrated by Archbishop Paul Martin. Followed by events, speakers, workshops and a Youth Rally.

**Congratulations** to Matthew White who received the ministries of Lector and Acolyte last Thursday at St Teresa's in Karori. This is part of the journey for Matthew towards priesthood.

### Southern Bays Historical Society

The Southern Bays Historical Society is having a series of open days on alternate Saturday afternoons. Pop in for a chat over a cuppa to discover more about our neighbourhood past and present from their collection of Wellington Southern Bays photos, maps and documents that will be available for viewing.

Where: Island Bay Community Centre

When: 1-4pm, alternate Saturdays (8 July, 22 July, 5 August, 19 August).

### Caring for our environment

#### Predator free Wellington

Join your local community trapping group. [www.pfw.org.nz](http://www.pfw.org.nz)  
Phase 1 has seen a 51% increase in the detection of birds on the Miramar Peninsula since the eradication began. Phase 2, is the buffer running from the CBD down through the green belt all the way to Island Bay. Work will begin with Wellington institutions like Wellington Zoo, Government House, and Wellington Regional Hospital.

#### Plastic Free July

A time to bring focus on reducing our plastic use at home and in the workplace. Nationally, we are phasing out hard-to-recycle and single-use plastics. A ban continues on single-use produce bags, plates, bowls, cutlery, straws and produce labels which kicked in from 1st of July.

**Divine Mercy** at St Francis de Sales starts 9.10am before the 10.30 Mass every Sunday. All welcome

**Divine Mercy** at St Anne's starts at 6pm after the 5pm Mass every Sunday. All welcome



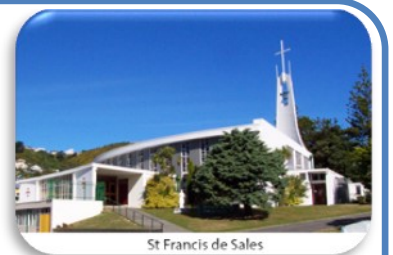
St Anne's

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St Francis de Sales